

No. EDN- KGR – (Misc.) /2022 -9708
O/o Deputy Director of Higher Education
Kangra at Dharamshala.

Dated :- Dharmshala the, 176215 Nov., 2024

To,

All the Principal-cum-BPOs,
Govt. Sr. Sec. School,
Distt. Kangra.

Sub:- Regarding information of State level working group under Ayushman Bharat-
school health and wellness programme.

Sir,

In reference to the Director of Higher Education, HP Shimla vide received email on dated 22-11-2024 on the subject cited above.

In this regard, All the Principal-cum-BPOs are directed to send the point wise information **“Annexure A” and “Annexure B”** to this office Email id ddhekangra3@gmail.com within two days positively and fill the information in google sheet:

https://docs.google.com/spreadsheets/d/1ILCXa1TpQx-SUotSmaeG9XNB_ZA8pfqF1y97X7FjF7w/edit?usp=sharing
and So that the same could be send to higher authority.

Point wise information

1. Provide the list of Health and wellness Ambassador (Trained through DIET or not trained in all Private and Govt. schools within a week.
2. One hours session weekly taken by the Health and wellness Ambassador either in first period or last period 87 session are compulsory the days for different district are is as under:
Wednesday-Bilaspur, Hamirpur, Mandi, Sirmour and Shimla
Friday- Chamba and Solan
Saturday- Kangra Kinnaur, Kullu, Una & L & Spiti.
3. Reporting of these session done by other phone app or Google sheet provided by DIET,s phone app- Kinnaur Kullu, Solan, Hamirpur & L & Spiti Google sheet- Kangra Sirmour, Shimla, Uua, Chamba Bilaspur & Mandi.
4. Data shows very less reporting regarding session and distribution of WIFS Tablets what is the session.
5. Water testing kits are provided by IPH department to schools or not. If water testing kits are given then these are used or not if not why.
6. How will you monitor the school Health and wellness porgramme in private and Govt. School.
7. What is the procedure of monitoring the private school in HP of SHWP.

“Annexure A”

Sr. No.	Name of district	Name of GSSS/GHS	Name of Health & wellness Ambassador	Contact No.	E-mail I.D	Trained through DIET yes or No


Dy. Director of Hr. Education,
Kangra at Dharamshala

“Annexure B”
Agenda Items of General Branch

S. No.	Agenda Item	Number of GSSS/GHS in District	Number of School where Drinking Water is available		% when available	% when not available	No. of Drinking Water taps per school	No. of student per tap	Is tanks disinfected		No. of RO/Aqua guard	Working/no n working
1	Clean and Safe Drinking Water											
2	Improvement of cleanliness and sanitization	Number of GSSS/GHS in District	Condition of toilets	Sitting seat/English seat		Tap & Wash basin present/not	No. of girls per toilet	No. of Boys per toilet	No. of water tanks for toilet	Suggestions from students	Upload pictures of all toilets from in side	
		Total no. of girls toilet										
3	Personal Hygiene	Number of GSSS/GHS in District	No's of schools where adequate soap and safe water available for hand washing for students and staff		Seminar/workshop per month about Hygine Habits		%age of school			Remarks if any		
										-		
4	De-worming day	Number of students per category	Number of tablets distributed day and date	Category wise age 10 years to 15 yrs	Category wise age 15years to 18 yrs	%age of student	Follow up	VC with doctors visit				
5	Dose of iron folic acid tablets	Detail of weekly iron folic acid tablets		Hb of average group	Number of tablets distributed	Follow up after three months	Hb report % improvement	%age of student	Remarks if any			
		Number of students										
		Boys	Girls									
6	Behavior change communication/ nutrition	Mass media campaign organized during last year	Number of schools where camp organized			Number of schools benefited						

	education										
7	Complete immunization of children	Number of GSSS/GHS in District	Number of schools where camp organized		Number of schools benefited						
8	Health checkup camp	Detail of Health Checkup camps									
		Number of health camps organized	Number of students checked during camps			Number of students who found anemic/having some disease					
9	Mental Health Camp	Detail of Mental Checkup camps									
		Number of Mental health camps organized	Number of students checked during camps			Number of students found with symptoms of ill mental health		% age of student			
10	PEER Educator	Number of students selected from 08 th to 11 th classes (One boys and one girls from each class)	Number of PEER Educator from selected district Chamba Mandi Shimla								
			Boys	Girls							
11	Mission Drishti	Number of schools where camp organized for eye checkup	Number of children with weak eye sight from 6 th to 10 th as on March 2023			No. of Spectacles distributed	% age of student		Follow up		
12	Sanitary napkins	Detail of Sanitary napkins									
		Number of girls students and school wise list	Number of Sanitary napkin distributed school wise	Number of napkins per girls distributed per year	Supply source	No. of girls to whom facility is not available		% age of student	Remarks for non-distribution		
13	Sanitary napkins incinerators	Detail of Sanitary napkins incinerators									
		Total number of schools	Number of incinerators installed	Number of incinerators in working condition		Reasons why incinerators are not working		Any others method disposal of napkins			
14	Career counseling and guidance cell	Total number of schools	Number of student where Career counseling and guidance cell is constituted		Number of faculty Members were invited to motivate the students		Number of times counseling Mela organized per year	Number of beneficiaries through this cell			


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