

NO.EDN-KGR (Sc. Consultant) Drug Abuse-2025-26-Drug -  
O/OThe Dy. Director of School Education(Secondary)  
Kangra at Dharamshala- 176215  
E-mail - ddhekanagra3@gmail.com  
Dated: Dharamshala,

Website - ddhekanagra.edu.in  
the 03<sup>RD</sup> Sep,2025

To

The Principals /HMs/In charges  
GSSS/GHS/GMS &Private Schools  
District Kangra



**Sub: Regarding Distt Level NCORD Meeting.**

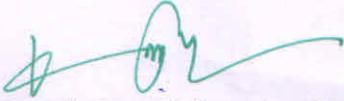
Memo,

This is in reference to meeting held on Dated 30.08.2025 under the Chairmanship of worthy Deputy Commissioner Kangra Sh Vinay Kumar(IAS) on the subject cited above.

In this context, you are aware that Ministry of Health and Family Welfare has released "Tobacco Free Educational Institutions (ToFEI)" Guidelines (Revised) which has already been disseminated. In this regard, you are hereby directed to go through the guidelines and implement in your school to sensitize the students about the harmful effects of tobacco use.

1. Ensure that No shop sell Tobacco products with in 100 yards of education institution
2. Ensure that your school will be Tobacco free Institution & you have obtained the "Tobacco Free certificate" from your Block Medical Officer.
3. Display of sign board at entrance & in the premises such as on boundary wall "Tobacco Free Area".
4. Awareness activities through Rallies, Painting, quiz & debate etc. to be conducted regularly.
5. Poster showing ill effects of Tobacco must be displayed at suitable places.
6. Ensure that your school Prahari Club /Anti-Drug Squad is always in active mode.
7. Encouraged the students to participate in sports, athletics, NSS, NCC, Scout & Guide and cultural activities.
8. The Health & Wellness ambassadors must be appointed as Nodal officers for this campaign.
9. Hosting meetings or sessions to educate parents on how to identify the signs of drug abuse and how to talk to their children about this sensitive topic.
10. Ensuring that students have access to confidential counseling services where they can seek help without fear of judgment.
11. Every student knows about the Manas portal (National Narcotics Helpline toll free no 1933)

This may be given top Priority

  
Dy. Director of school Education (Secondary)  
Kangra at Dharamshala