

No. EDN-KGR (A-6) Sports/2025-26
Office of the Deputy Director of School Education (Sec.),
Kangra at Dharamshala



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Deputy Director of
School Education (Sec)
22 SEP 2025
Dispatch No. 10360
Kangra at Dharamshala

Dated Dharamshala-176215

To

All the Principal/ Headmaster
GSSS's/GHS's and Pvt. Schools, Distt. Kangra

Subject: Revised Sports Calendar Under-19 Boys and Girls (Zonal Level Trials) and Distt. Level Tournament of Distt. Kangra for the Academic year 2025-2026.

Memo,

In reference to office order dated 18.09.2025, Director of School Education Himachal Pradesh Shimla on subject cited above.

The revised Dates/Venues for the Zonal Level U-19 (Girls and Boys) Trial and Distt. Level Tournament for the session 2025-26 as given below.

➤ Zonal Level Boys and Girls Trials

Sr. No	Name of Zone	Venue for Boys (Trial) Date: 27.09.2025	Venue for Girls (Trial) Date: 29.09.2025
1	Baijnath	PM Shri GSSS Paprola	GSSS Sakri
2	Dehra	GSSS Chanour	GSSS Dehra (G)
3	Dharamshala	GSSS Mandal	GSSS Khaniyara Khas
4	Fatehpur	GMSSS Fatehpur	GSSS Dhameta
5	Indora	GSSS Bhogarwan	GSSS Indora (G)
6	Jaisinghpur	GSSS Lambagaon	GSSS Jalag
7	Jaswan Pragpur	PM Shri GSSS Dadasiba	PM Shri GSSS Dadasiba
8	Jawalamukhi	GSSS Kathog	GSSS Bharoli Kohala
9	Jawali	GSSS Jawali (B)	GSSS Paloura
10	Kangra	GSSS Dhugiari	GSSS Salol
11	Nagrota Bagwan	GSSS Serathana	GSSS Jassai
12	Nurpur	GSSS Jassur	GSSS Suliali
13	Palampur	GSSS Bundla	GSSS Khalet
14	Shahpur	GSSS Durgella	GSSS Kaliara
15	Sullah	GSSS Ballah	GSSS Dhatti

Games in Zonal Boys and Girls Trials:

Boys Zonal Tournaments	Kabaddi, Volleyball, Kho-Kho, Badminton, Basketball
Girls Zonal Tournaments	Kabaddi, Volleyball, Kho-Kho, Badminton

जोनल स्तरीय अंडर-19 छात्र एवं छात्रा वर्ग के Trials में भाग लेने वाले विद्यालयों के लिये आवश्यक निर्देश :-

1. जोनल स्तरीय अंडर-19 छात्र एवं छात्रा वर्ग के Trials में प्रत्येक विद्यालय से विद्यालय स्तर पर चुने गये केवल सर्वश्रेष्ठ खिलाड़ी ही अपने अपने जोन में भाग लेंगे।
2. जोनल स्तरीय अंडर-19 छात्र एवं छात्रा वर्ग के Trials में भाग लेने वाले खिलाड़ियों के भोजन (**Breakfast, Lunch and Tea**) की एक दिन की व्यवस्था सम्बन्धित आयोजन स्थल प्रभारी करेंगे।
3. Trials में भाग लेने वाले खिलाड़ियों के एक दिन के भोजन (**Breakfast, Lunch and Tea**) हेतु सम्बन्धित विद्यालय 120 रुपये की दर से प्रति खिलाड़ी आयोजन स्थल प्रभारी को जमा करवायेंगे।
4. जिला स्कूल क्रीड़ा संगठन निधि से आयोजन स्थल प्रभारी को 5000 रुपये **Contingency** के रूप में दिये जायेंगे।

➤ Schedule for District Level Boys and Girls Under-19 Tournaments 2025-26

Sr. No.	Name of District Level Tournament	Games	Venue and Date of District Level Tournament	Remarks
1	Football Boys (Direct Entry District Level)	Football	CRC GSSS Rehan 24.09.25 to 25.09.25	Selected Players will attend 01 day camp on 26.09.25 at same venue and further participate in State Level Tournament at GBSSS Una w.e.f. 27.09.25 to 29.09.25

Sr. No.	Name of District Level Tournament	Games	Venue and Date of District Level Tournament
1	Boys Part-I (Minor Games)	Volleyball, Kabbadi, Kho-Kho	GSSS Garli 01.10.25 to 03.10.25
2	Boys Part-II (Major Games)	Hockey, Handball, Basketball, Boxing, Wrestling, Judo, Kurash,	GSSS Kaliara 01.10.25 to 03.10.25
3	Girls Part-I (Minor Games)	Volleyball, Kabbadi, Kho-Kho, Wrestling, Boxing, Judo, Kurash,	CRC GSSS Rehan 06.10.25 to 08.10.25
4	Girls Part-II (Major Games)	Hockey, Handball, Basketball, Football	
5	Distt Athletic Meet (Boys and Girls)	100,200,400,800,1500, 4x100, 4x400, 3000 mtr, Long Jump, High Jump, Tripple Jump, Shot Put, Discus Throw, Javelin Throw. Boys & Girls : Badminton, Karate, Weightlifting, Taekwando, , Table Tennis, Chess, Yoga, Thoda	GBSSS Dharamshala GGSSS Dharamshala 11.10.25 to 13.10.25
6	Distt Cultural Programme	Folk Dance, Group Song, Vocal Solo (Classical and Sugam Sangeet), Declamation, Group Instrumental Music, One act Play, Sanskrit Geetika, Sanskrit Shaloka Ucharana.	GSSS Paliar at Langha 14.10.25 to 15.10.25 (Boys) 16.10.25 to 17.10.25 (Girls)

Cultural Programme (U-19 Boys & Girls) for 2025-26:

Sr. No.	Name of Items	No Participants	Time
1	Vocal Music (Classical)	03	03-04 Min.
	Vocal Music (Sugam Sangeet)	03	04-06 Min.
2	Group Song	12	04-06 Min.
3	One Act Play	10	15-20 Min.
4	Declamation	01	05-07 Min.
5	Instrumental Music	10	05-07 Min.
6	Folk Dance	18	10-12 Min.
7	Sanskrit Geetika	03	03-04 Min.

भाषण प्रतियोगिता के विषय :-

1. खेल एवं स्वास्थ्य (Sports & Health)
2. हिमाचल में प्राकृतिक आपदा एवं निवारण (Natural Calamities in Himachal and their Mitigation)
3. नई शिक्षा नीति : एक बहुआयामी दृष्टिकोण (New Education Policy : A Multidimensional Approach)
4. युवाओं में नशे की प्रवृत्ति एवं रोकथाम (Drug Abuse among Youth and its Prevention)
5. तकनीकी शिक्षा का महत्त्व (Importance of Technical Education)
6. बालिकाओं की शिक्षा एवं सामाजिक समरसता (Girls Education and Social Harmony)

District level Under-19 Boys and Girls Coaching Camp and State Level U-19 (Boys & Girls) Tournament

- Boys Football State Level Tournament will be held at GBSSS Una w.e.f. 27.09.25 to 29.09.25 and U-17 (B) NSG selection Trial will be held on 29.09.2025.
- U-19 (Boys) Boxing and Wrestling Tournament will be held at GBSSS/GGSSS Sundernagar Distt. Mandi w.e.f. 11.10.25 to 13.10.25 and U-17 (B) NSG selection Trial will be held on 13.10.2025.

Sr. No	Tournament	Girls		Boys	
		Venue	Dates	Venue	Dates
1	Part I Minor Games Volleyball, Kabbadi, Kho-Kho, Kurash, Thoda	GSSS Chopal, Shimla	14.10.25 to 17.10.25	GBSSS Solan Distt Solan	27.10.25 to 30.10.25
2	Part II Major Games Hockey, Handball, Basketball Football (Girls only)	GGSSS Bilaspur	14.10.25 to 17.10.25	GBSSS Una	27.10.25 to 30.10.25
3	Part III Indoor Games Badminton, Judo, Taekwando, Weightlifting, Table Tennis, Chess, Yoga, Karate Boxing Wrestling (Girls only)	GSSS Una	14.10.25 to 17.10.25	GBSSS Sundernagar Distt. Mandi	27.10.25 to 30.10.25
4	Athletic Meet (Boys & Girls) 100,200,400,800,1500,3000 Mtrs Race, 4x100, 4x400 Relay race, High Jump, Long Jump, Tripple Jump, Shot put, Discuss Throw, Javelin Throw Boys & Girls	GBSSS/GGSSS Hamirpur		04.11.25 to 06.11.25	

5	Cultural Programme 1st Day Declamation, Instrumental Music, Sanskrit Geetika, Sanskrit Shaloka Ucharana One Act Play, 2nd Day Vocal Solo (Classical and Sugam Sangeet), Folk Dance, Group Song,	GSSS Amboya Distt Sirmour	10.11.25 to 14.11.25
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According to the state sports calendar circulated by the DSE Shimla the venues and dates of the District Level U-19 Coaching camp (Girls and Boys) for the session 2025-26 are as under

Sr. No.	Games	Venue and Date of Coaching Camp	Venue and Date of State Level Tournament
1	Boys Part I Minor Games Volleyball, Kabbadi, Kho-Kho, Kurash, Thoda	GMSSS Gummer 24.10.25 to 26.10.25	GMSSS Solan 27.10.25 to 30.10.25
2	Boys Part II Major Games Hockey, Handball	GBSSS Dhera 24.10.25 to 26.10.25	GBSSS Una 27.10.25 to 30.10.25
3	Boys Part II Basketball	GSSS Paprola 24.10.25 to 26.10.25	GMSSS Una 27.10.25 to 30.10.25
4	Boys Part III Indoor Games Badminton, Judo, Taekwando, Weightlifting, Table Tennis, Chess, Yoga	GSSS Nagrota Bagwan 24.10.25 to 26.10.25	GBSSS Sundernagar, Mandi 27.10.25 to 30.10.25
5.	Boys Part III Indoor Games Boxing, Wrestling	GSSS Pathiar 08.10.25 to 10.10.25	GBSSS/GGSSS Sundernagar Distt. Mandi 11.10.25 to 13.10.25
5	Girls Part I Minor Games Volleyball, Kabbadi, Kho-Kho, Kurash, Thoda	GSSS Balakrupi 11.10.25 to 13.10.25	GSSS Chopal, Shimla 14.10.25 to 17.10.25
6	Girls Part II Major Games Hockey, Handball, Basketball, Football	GGSSS Dehra 11.10.25 to 13.10.25	GGSSS Bilaspur 14.10.25 to 17.10.25
7	Girls Part III Indoor Games Badminton, Boxing, Judo, Chess, Weightlifting, Taekwando, Table Tennis, Yoga	GGSSS Dehra 11.10.25 to 13.10.25	GSSS Una 14.10.25 to 17.10.25
8	Athletic Meet 100,200,400,800,1500,3000 Mtrs Race, 4x100, 4x400 Relay race, High Jump, Long Jump, Tripple Jump, Shot put, Discuss Throw, Javelin Throw Boys & Girls	GBSSS Dharamshala 29.10.25 to 03.11.25	GSSS Hamirpur 04.11.25 to 06.11.25

Guidelines / Instructions for Zonal Trials to be followed strictly:

1	The participants who are born on or after 01-01-2007 will take part in the tournament session 2025-26.
2	Attested copy of board certificate / Panchayat / Municipal Committee Form- 5/9 with new printed eligibility form in Triplicate with photograph in Original. The player will produce Identity card as and when demanded in the said event. ADHAAR, Risk Certificate & Parents No Objection Certificate is compulsory for every participant taking part in Zonal Level to National level.
3	Sports Donation Fund Rs 100/- will be collected from each student enrolled in 9 class to +2 class once in the year and Rs 30 /- will be sent to DSSA Kangra separately, vide D.D. drawn in favour of Dy. Director Hr. Education Kangra at Dharamshala, as discussed & decided in the DSSA Executive Committee General House Meetings 2024-25.
4	Sports Affiliation fee Rs 300/- for High School & Rs 500/- for Senior Secondary School to be submitted vide D.D. drawn in favour of Dy. Director Hr. Education Kangra at Dharamshala.
5	Students of Private schools in district Kangra can participate after depositing their share of Sports Fund, Sports Development Fee and Affiliation fee as per the DSSA Norms. Eligibility forms of these players will be countersigned by the Principal / Headmaster of nearby Govt. School.
6	Private Schools participating in the tournaments of Himachal Board will have to furnish a certificate on the school letterhead duly signed by the Principal and countersigned by the Principal / Headmaster of nearby Govt. School stating that their players participating will not take part in the Cluster level/Zonal level games of other boards (e.g. CBSE/ICSE/DAV etc) in the current academic year.
7	Common mess is compulsory for all participants in Distt. Tournament. No entry will be made without depositing the common mess money as per the DSSA norms. All the players, along with host school players are entitled to claim Daily allowance @ 120 /-per day.
8	Escorts teachers will deposit Security (Refundable): Rs 1000 / - to the Organizing Secretary / Venue holder. And stay in the school campus for the safety & Security of the players and school property.
9	All the Heads of the institutions are directed to ensure the Participation of players selected for District / State level tournaments
10	Deputation orders of DPE's / PET's as OSD, Coach, Assistant Coach etc for District /State level tournaments be implemented in letter and spirit by the Heads of institution.
11	Heads of the institutions are directed to depute a LADY TEACHER with the girl participants of their School.
12	An escort Lady Teacher should accompany the Girl participants of their school to the Distt. Venue and will Hand Over the Girls to the Lady DPE/PET deputed as Zone Incharge of their Zone.
13	U-19 Girls Zonal Tournament Organizing Secretary and Zonal DSSA Executive Members (Principal) will forward the name of Lady DPE/PET to be deputed as Zone Incharge/Manager to the office of DDSE (Sec.) Kangra at Dharamshala. If Lady DPE/PET is not available in their Zone then Organizing Secretary will forward the name of two lady teachers to be deputed with girls participant of their zone.
14	Zone Organizing Secretary will depute one DPE as Zone Incharge, to submit the Record File of the selected players of concerned Zone to the Secretary / ADPEO in Distt tournament venue. He / She will submit a list of game wise expert official for officiating. He / She will stay on the said venue till closing for further directions.
15	All the DSSA Committee members (Zone wise) will attend the Zonal tournament (Boys / Girls) venue of their concerned zone and ensure full cooperation to the Organizing Secretary.
17	Distt Executive Committee members (Sr. VP & VP DSSA) will attend the Distt Tournaments.
18	All the DPE'S / PET'S, will officiate the matches. They will be in Proper Sports uniform during officiating and opening / closing ceremony. Non compliance will viewed seriously.
19	The venue holder Principal cum Organizing Secretary of the tournament is at Liberty to organize only one ceremony (Preferably Opening ceremony) by a Chief Guest as per their choice so that it saves valuable resources and playing time of the participating teams
20	All the Heads of institution and contingent incharges kindly ensure that the school flag and name plate should be of specified size. The school marching flag pole should be at least 7 Feet Long or a javelin should be used during the march past in Zonal tournament.

21	All the escort Teachers / Incharges will stay at the venue with players of their school. Any laxity in the matter will be viewed seriously and action will be taken against the defaulters.
22	Weights for Wrestling :- (Boys) Kg. 57,61,65,70,74,79,86,92,97,125 (Girls) Kg. 50,53,55,57,59,62,65,68,72,76 Weight for Kabaddi :- Boys : Below - 70Kg Girls : Below - 65Kg
23	The Organizing Secretary will nominate Sr. most Lect. Phy. Edu. /DPE as Zonal Level Tournament Observer.

MESS MENU FOR THE TOURNAMENTS WHICH IS AS UNDER:

Day	Breakfast	Lunch	Dinner
Arrival	-	-	Rice/Roti, Aloo Channa, Dal, Seasonal vegetable.
1 st Day	Channa Bhatura, Tea/Milk & Fruit	Rice, Rajmah Madra, Dal Mah, Khatta, Mitha	Rice/Roti, Seasonal vegetable, Kari Pakora, Dal.
2 nd Day	Prantha with curd Tea/Milk & Fruit	Rice, Channa Madhra, Mix Dal, Khatta, Mitha	Rice/Roti, Seasonal vegetable, Samber, Dal Massor.
3 rd Day	Bread Jam, Tea/Milk, Eggs, Fruits	Rice, Mater Paneer Madhra, Moong Dal, Khatta, Mitha	-

In addition to above the items in the Menu can be added as per their choice.


Deputy Director of School Education (Sec.)
- cum- President DSSA,
Kangra at Dharamshala

Endst. No

Even

Dharamshala-176215

22nd September 2025

Copy forwarded to:

1. The Director of School Education, Himachal Pradesh, Shimla for information please.
2. The Deputy Commissioner, Kangra at Dharamshala for information please.
3. The Superintendent of Police, Kangra at Dharamshala for information please.
4. The Chief Medical Officer, Kangra at Dharamshala for information please.
5. The Dy. Dir. of Elementary Education Kangra at Dharamshala for information please.
6. The DPRO, Kangra at Kangra at Dharamshala for information please.
7. The Regional Manager HRTC Kangra at Dharamshala for information please.
8. The Chief Engineer, Jal Shakti Vivhag Dharamshala for information please.
9. The Chief Engineer, HPSEBL (OP) Dharamshala for information please
10. Guard File.


Deputy Director of School Education (Sec.)
- cum- President DSSA,
Kangra at Dharamshala