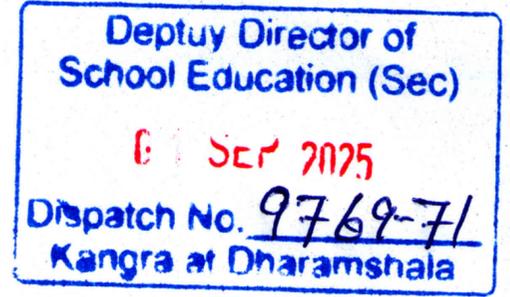


No. EDN- KGR – (Misc) / /2024  
O/o Deputy Director of School Education (Secondary)  
Kangra at Dharamshala.

Email Id. [ddhekanagra3@gmail.com](mailto:ddhekanagra3@gmail.com)



Dated :- Dharamshala the, 176215

September, 2025

To,

The Principals/Headmasters  
GSSSs/GHSs  
Distt. Kangra HP.

Sub:- Meeting regarding 8<sup>th</sup> Poshan Pakhwada from 1<sup>st</sup> September to 31<sup>st</sup> September 2025..

Sir,

With reference to the meeting held under the Chairmanship of Worthy Additional Deputy Commissioner Kangra at Dharamshala on 30<sup>th</sup> August 2025, regarding subject mentioned above, it has been decided the departmental roles in schools. The following activities will be organized in schools:-

1. Organize declamation, debates and marathons in schools on the theme of nutrition.
2. Organization of Poshan Quiz, awareness drives and trains students and train students as "Poshan Champions".
3. **Junk Food:** The junk food should be completely ban in the school due to its negative impact on children's health. Junk food can lead to obesity, diabetes, and other health issues.
4. **Hand Wash:** Hand washing is an essential habit, especially in schools. It helps prevent the spread of germs and illnesses. Encouraging kids to wash their hands regularly, especially before meals and after using the restroom, can significantly improve their health and well-being.

In this context, you are hereby directed to further necessary compliance as per above direction to do needful and reply of the all activities Photos should be reached to the office of the District Programme Officer, Women and Child Development, Kangra at Dharamshala in the Email Id: [dpokangra@gmail.com](mailto:dpokangra@gmail.com) under intimation to this office.

  
Deputy Director  
School Education (Secondary)  
Kangra at Dharamshala

Endst. No. even Dated: Dharamshala

September, 2025

Copy to:-

1. The District Programme Officer, Women and Child Development, Kangra at Dharamshala, for information please.
2. I.T. incharge (internal) to upload this on website.
3. Guard file.

  
Deputy Director  
School Education (Secondary)  
Kangra at Dharamshala