

No. EDN-SE (10) F (9)07/2025-MISC
Directorate of School Education
Himachal Pradesh

Directorate of School Education
15 OCT 2025
October, 2025
Himachal Pradesh, Shimla-171001

Dated: Shimla -171001 the

All the Deputy Directors of Secondary/Elementary
School Education Himachal Pradesh. Kangra

Subject:

“Swasth Nari, Sashakt Parivar Abhiyaan Organized by Ministry of Health & Family Welfare”.

Please find enclosed herewith a copy of letter no. EDUC-A/1/2023-EDU-C (128910) dated 30.09.2025, received from the Secretary (Education) to the Govt. of HP, on the subject cited above.

In this context you are requested to go through the contents of above said letter and issue necessary instructions to all the heads of educational institutions under your control for active participations in the “Abhiyaan”.

Encl: As Above

Addl. Director of School Education
Himachal Pradesh

- Deputy Director of
School Education (Sec)
07 NOV 2025
Dispatch No. 14466-09
Kangra at Dharamshala

Office of the Deputy Director of School Education (Secondary),
Kangra at Dharamshala.

Endst. No. EDN-KGR (Misc.) 2024

Dated: Dharamshala

Nov., 2025

Copy forwarded to:-

1. The Director of School Education, H.P Shimla for information please.
2. All the Principal/Headmaster of GSSSs/GHSs of Distt. Kangra for further necessary compliance as per above direction.
3. I.T. incharge (internal) to upload this on website.
4. Guard file.

Deputy Director
School Education (Secondary)
Kangra at Dharamshala

219
30/9/25
3416
27/9/25

No.EDUC-A/1/2023-EDU-C (128910)
Government of Himachal Pradesh
Department of School Education

From

Secretary (Education) to the
Government of Himachal Pradesh

To

✓ Director of School Education,
Himachal Pradesh, Shimla-1

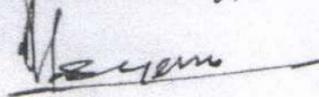
Dated: Shimla-171002, the 24th September, 2025

Subject:- "Swasth Nari, Sashakt Parivar Abhiyaan Organized by Ministry of Health & Family Welfare".

Sir,

I am directed to enclose herewith a photocopy of D.O. No1-23/2025-PMP(Health). dated 19th September, 2025, received the Additional Secretary, GOI, Ministry of Education, Department of School Education & Literacy, New Delhi on the subject cited above and request you to examine the matter and take appropriate action accordingly.

Yours Faithfully,



(Hem Singh)

Under Secretary (Education) to the
Government of Himachal Pradesh

Endst. No. As above

Dated: Shimla-2 September, 2025.

Copy forwarded to: Shri. Anandrao V. Patil, IAS, Additional Secretary, GOI Ministry of Education, Department of School Education & Literacy w.r.t D.O. referred to above the information.

(Hem Singh)

Under Secretary (Education) to the
Government of Himachal Pradesh

SE-General


an
28/9/25

आ.राव वि. पाटील, भा.प्र.से.
सचिव
Anandrao V. Patil, IAS
Additional Secretary



भारत सरकार
शिक्षा मंत्रालय
स्कूल शिक्षा और साक्षरता विभाग
Government of India
Ministry of Education
Department of School Education & Literacy
D.O. No. 1-23/2025-PMP(Health)
Dated 19th September, 2025

Respected Sir/Ma'am,

The Ministry of Health & Family Welfare is launching a nationwide health campaign "Swasth Nari, Sashakt Parivar Abhiyaan" from 17th September to 2nd October 2025, culminating on Gandhi Jayanti. This Abhiyaan aims to promote women's health and nutrition through health camps, screenings, and awareness activities across the country, in convergence with Poshan Maah observed by the Ministry of Women and Child Development.

2. The Abhiyaan aims to organize health camps across the country, offering a wide range of health services including specialist consultations, focusing on women's health and nutrition. States and Union Territories have been requested to organize these camps at Ayushman Arogya Mandirs (AAMs), Community Health Centres (CHCs), and other healthcare facilities.

3. Key activities planned during the fortnight include:

1. Women's Health Screening:

- Screening for hypertension, diabetes, oral, breast, and cervical cancers
- Anaemia screening and counselling for adolescent girls and women
- Tuberculosis and Sickle Cell Disease screening, particularly in tribal areas
- Specialist services including gynecology, ophthalmology, ENT, dermatology, psychiatry, dental surgery, mobilized from Medical Colleges, District Hospitals, and Primary Health Centres

2. Maternal and Child Care:

- Antenatal care (ANC) check-ups with counselling and distribution of Mother and Child Protection (MCP) cards
- Immunization services for children

3. Awareness and Behaviour Change Sessions:

- Menstrual hygiene and nutrition education for women and adolescent girls
- Advocacy through Self-Help Groups (SHGs), Panchayati Raj Institutions (PRIs), targeting reduction in cooking oil consumption by 10%
- Nutrition counselling and wellness activities

4. Nikshay Mitra Enrolment Drive:

- Mobilization of "Nikshay Mitras" to support TB patients as part of the Jan Andolan against Tuberculosis, including involvement of "MY Bharat" volunteers

Contd.../-

116, 'सी', शास्त्री भवन, नई दिल्ली.110 001
116, 'C', Shastri Bhawan, New Delhi-110001
Telephone : +91-11-23383226, +91-11-23070584
E-mail : aspmpy-moe@gov.in

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5. **Blood Donation Camps:**

- o Organization in partnership with agencies like the Indian Red Cross Society and others, aligned with National Voluntary Blood Donation Day on 1st October, aiming to collect 1 lakh units of blood

6. **Engagement of Private Sector Hospitals and Clinics:**

- o Encouraging private healthcare facilities to participate and conduct health camps for women

4. The Ministry of Women & Child Development's observance of *Poshan Maah* during September provides an excellent opportunity for convergence with this Abhiyaan, amplifying the impact on maternal, adolescent, and child nutrition.

✓ **Your support is requested in the following:**

- Issuing guidance to relevant State level departments and institutions under your Ministry for active participation in the Abhiyaan.
- Nominating a Nodal Officer for coordination with the Ministry of Health & Family Welfare.
- Deploying officials to support and coordinate implementation at State, District, and facility levels.
- Facilitating dissemination of Abhiyaan messages via your Ministry's platforms to ensure widespread outreach.
- Mobilizing students and teachers for health awareness sessions, screenings, and enrolment as Nikshay Mitras.

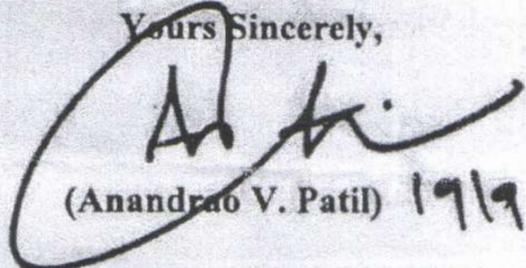
5. The success of this Jan Abhiyan depends on 'Whole-of-Government' participation. Your Ministry's wholehearted involvement will ensure quality execution and far-reaching impact.

6. For further details and coordination, the nominated Nodal Officer may contact Shri Harsh Mangla, Director (NHM I), Ministry of Health & Family Welfare, at office landline: 23061333, mobile: 08084980808, or email: harsh.mangla@ias.nic.in.

7. We look forward to your valuable cooperation and commitment to empowering women's health and strengthening families and communities through this important initiative.

With High Regards

Yours Sincerely,


(Anand Rao V. Patil) 19/9

To,

1. The Chief Secretary / Principal Secretary, Education Departments of State Governments / Union Territories.
2. CBSE, KVS, NVS