

No. EDN-(SE)H(23)-7-1/2025-26- Health -I
Directorate of School Education
Himachal Pradesh

16 FEB 2026

Himachal Pradesh, Shimla-171001

Dated Shimla-171001 the

February, 2026

To ✓
All the Deputy Directors School Education (Elementary / Secondary)
Himachal Pradesh.

Subject: Regarding observing 2nd round of National De-worming day and Vitamin A on 23rd February 2026.

Sir/ Madam,

This is with reference to National Health Mission, Himachal Pradesh letter No. 11583-NHMHP-CHONDD/1/2019-CH-Section dated 11th February 2026 (copy enclosed) vide which it has been informed that 2nd round of National De-worming Day and Vitamin A will be observed on 23rd February 2026 with the mopup round on 28th Feb. 2026 for left out children, who missed consuming Albendazole on 23rd Feb 2026.

In this context you are requested to issue necessary directions to all the Government as well as Private Schools to extend full support, cooperation & assistance to National Health Mission to make NDD successful in the State.

This may be treated as most urgent and be given top priority and perusal attention in the matter please.

Encl. As above

Yours faithfully,

(2)
Additional Director (Admin.)
School Education,
Himachal Pradesh Shimla (Sec)
Deputy Director of
School Education (Sec)

Office of the Deputy Director of School Education (Secondary),
Kangra at Dharamshala.

Endst. No. EDN-KGR (Misc.) 2024

Dated: Dharamshala

February, 2026

Copy forwarded to:-

1. The Director of School Education H.P. Shimla for information please.
2. All the Principal/Headmaster of GSSSs/GHSs and Pvt. Schools of Distt. Kangra for further necessary compliance as per above direction to extend full support, corporation & assistance to National Health Mission to make successful in the State.
3. I.T. incharge (internal) to upload this on website.
4. Guard file.

Deputy Director School Education (Secondary)
Kangra at Daramshala



e-file No. 11583- NHMHP -CH0NDD/1/2019-CH-Section
National Health Mission, SDA complex, Kasumpti,
Shimla Himachal Pradesh

To

All the Chief Medical Officers,
Himachal Pradesh

Dated February 2026



Subject: Regarding observing 2nd round of National De-worming Day and Vitamin A on 23rd February 2026.

Sir/Madam,

This is in continuation to this office letter of even number dated 6.1.26. Focus is to improve nutrition and anemia status among the children from age group of 1 yr till 19 yrs biannual round of NDD is being observed every year through Anganwaris and school.

The 2nd round of NDD will be observed on 23rd February 2026 with the mopup round on 28th Feb, 2026 for left out children, who missed consuming Albendazole on 23rd Feb 2026.

It will be one day activity all over the state among all Govt., Govt. Aided and Private schools, play schools and Anganwari centres. Both Albendazole and Vitamin A are to be given Biannually as per GoI & WHO guidelines, for children from 1-5 years of age. For children above 5 years of age, only tablet Albendazole will be given.

Children between 1-5 yrs will be covered through Anganwari centres in rural areas and Anganwari centers /PHC/ Play schools in cities and urban areas. Students studying from Nursery till class 12th will be covered in schools. It is to be jointly organized by Health, WCD and Education department.

Some of the instructions for ASHAs while administering the Albendazole Tab and vit A is as under:

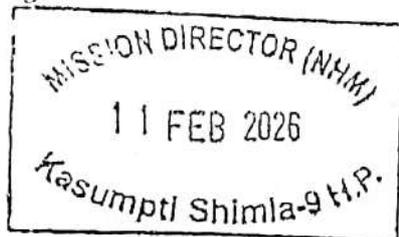
- Children between 1-2 years will be given 2 ml Vitamin A syrup first, subsequently after gap of 5 minutes half tablet Albendazole to be given by crushing the tablet between two spoons and little water to help administer the tablet.
- Children between 2-5 years will be given 2 ml Vitamin A syrup first, subsequently after gap of 5 minutes one full tablet of Albendazole to be given by crushing the tablet between two spoons and little water to help administer the tablet.
- Above 5 years age, one full tablet Albendazole will be given for chewing properly followed by water. Tablet can also be given on empty stomach

You are requested to kindly prepare the following for upcoming NDD:

1. Meeting and orientation of health functionaries, ICDS and education

department, concerned department on De-worming day and Vitamin A rounds at district and block level be held. Dose, route of medicine intake, action required in case of any adverse event, reporting etc. be discussed, with role clarity of each person.

2. Assign responsibility for distribution of IEC, Medicine, reporting formats to all schools (Govt. & Private), ASHAs and ANM.
3. Report to be shared on the format attached.
4. Assign District and Block monitors for NDD with instructions to confirm activity done smoothly in all schools and AWC including private schools.
5. Instruction to Medical Officers on management of any Adverse event information to BMO, DPO and SPO Child health immediately, 108 officials to be informed beforehand to remain stationed and promptly shift sick child to nearest Health facility, involvement of RBSK teams for monitoring as well as management of any adverse event.
6. Incentives for ASHA to be booked under FMR RCH 7, Sr. No. 53 National Deworming Day for mobilizing out of school children.
7. Reporting formats and IEC (softy copy) has already been shared through e-mail to be printed by districts itself. The district-wise fund allocation for the same is attached as Annexure A. The said funds are to be utilized from the existing fund limit allocated to you.
8. POL for supervision under RCH 7 Nutrition- S.No 53.
9. In case any school /AWC is closed due to any reasons the Albendazole tablets to be distributed by ASHAs through house to house.
10. The allocation of funds is attached and the same may be utilized from the existing limit.



Signed by

Pradeep Kumar Thakur

Date: 08-02-2026 22:03:27
Himachal Pradesh

Endst No. e-File No.11583- NHMHP -CH0NDD/1/2019-CH-Section Dated
Copy forwarded to:

1. The Secretary (Health) to the GoHP, Shimla-2 for information please
2. The Director, Higher Education, Lalpani School Road, Lalpani, Shimla, Himachal Pradesh 171001 for information and necessary action please.
3. The Director, Elementary Education, Lalpani, Shimla-171001 for information and necessary action please.
4. The Director, Women and Child Development, Cedar home, Brentwood estate, Bemloe, 171001 for information and necessary action please.
5. The Director Health and Family Welfare, Shimla-9 for information please.
6. The SPO (Community Process) for information and necessary action please.
7. The SPO (EMRT) for information to ensure 108 ambulances on standby for any adverse events.
8. The Jt. Controller O/o NHM for information and necessary action.

-Sd/-
Mission Director
National Health Mission
H.P. Shimla-171009