

NO.EDN-KGR (Sc. Consultant) Drug Abuse-2026-27-Drug -
O/O The Dy. Director of School Education (Secondary)
Kangra at Dharamshala- 176215
E-mail - ddhekanagra3@gmail.com
Dated: Dharamshala,

Website - ddhekanagra.edu.in
the 06TH April,2026

Deputy Director of
School Education (Sec)

07 APR 2026

Dispatch No. 364-65
Kangra at Dharamshala

To

The Principals /Headmasters
GSSS/GHS/GMS/Private Schools
District Kangra

Sub: Regarding implementation of Tobacco Free Educational Institutions (ToFEI) Guidelines .

Memo,

This is in reference to District Level NCORD meeting held on Dated 31.03.2026 under the Chairmanship of worthy Addl. Deputy Commissioner Kangra **Sh. Vinay Kumar (IAS)** in this meeting Addl. Deputy Commissioner directed that all school heads check the symptom of Drug Abuse or cases of addiction among the students on their behavior pattern e.g. students shows sudden drop in academic performance, Students shows sign of aggression or mood swing & physical signs (red eyes etc) Identify the students on their behavior pattern & counsel these students as per their need.

You are also directed to constitute the Anti Drug Squad in your school. At the time of admission take the undertaking from each student that the school premises are strictly prohibited zone for intoxicants and illegal substances." If any student found in such type of activities he shall face disciplinary action including expulsion from the school.

All school heads must ensure the given below activities in their respective institution-

1. Ensure that No shop sell Tobacco products within 100 yards of education institution.
2. **School Heads personally contact with BMO & procure their "Tobacco Free certificate"** .
3. Display of sign board at entrance & in the premises such as on boundary wall "Tobacco Free area".
4. Awareness activities through Rallies, Painting, quiz & debate competitions etc. to be conducted regularly.
5. Poster showing ill effects of Tobacco must be displayed at suitable places.
6. Ensure that your school Anti-Drug Squad is always in active mode.
7. Encourage the students to participate in sports, athletics, NSS, NCC, Scout & Guide and cultural activities.
8. Appoint Tobacco Monitor through office order in order book.
9. Host meetings or sessions to educate parents on how to identify the signs of drug abuse and how to talk to their children about this sensitive topic.
10. Ensure that students have access to confidential counseling services where they can seek help without fear of judgment. Maintain proper register for monthly meeting of drug abuse.
11. Every student knows about the Manas portal (National Narcotics Helpline toll free no 1933)

All school Heads also directed to remain in regular contact with children & their parents to review their progress, provide feedback & encourage them to stay on track.

Dy. Director of School Education(Sec)
Kangra at Dharamshala

Endst No. Even Dated: Dharamshala -176215
Copy to -

the, 06th April,2026

1. The worthy Deputy Commissioner Kangra for information plz.
2. The worthy Additional Deputy Commissioner Kangra for information plz.

Dy. Director of School Education(Sec)
Kangra at Dharamshala