



URGENT

	No.: HFW-KGR/NHM/RKSK/2019/-2996-3014 Dated: 24/06/2026 Office of the Chief Medical Officer, Kangra at Dharamshala	
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To

1. The Deputy Director Higher Education, Kangra at Dharamshala
2. The Deputy Director Elementary Education, Kangra at Dharamshala

Dated Dharamshala the 24/06/2026

Subject: The Hon'ble Supreme Court's Judgement in WP (C) No. 1000 of 2022, Regarding Menstrual Health Management in Schools.

Sir/Madam,

This is with reference to letter No. HFW-H(VI)B(15)14/2015/-16115 dated 13th May, 2026 from Director Health Services and further with reference to D.O. from Secretary, MoHFW regarding subject cited above vide which it has been conveyed that **The Hon'ble supreme Court of India, in its Judgment dated 30 January 2026 in W.P. (C) No. 1000 of 2022- Dr. Jaya Thakur vs Union of India & Ors. has categorically recognized the right to dignified menstrual health as an integral facet of Article 21 of the Constitution, and has further held that access to Menstrual Hygiene Management (MHM) measures is essential for ensuring the right to education and equality of opportunity for adolescent girls. Copy of the judgment is attached for your ready reference please.**

You are requested to kindly refer to the point No. 10, page No. 3 of the order passed by The Hon'ble Supreme Court vide which it has been ordered that **besides making a provision for ensuring the availability of low cost sanitary pads & vending machines at all schools the authority shall also ensure that disposal mechanisms are available in school complexes with enrollment of female students in upper Primary, Secondary, Higher Secondary classes for safe disposal of sanitary pads.**

In above context it is informed that sanitary napkins ("*Suraksha*") @Rs. 1/- per pack are being provided to the Adolescent Girls by the Health Department through school Nodal teachers and ASHAs under Menstrual Hygiene Programme/ Scheme.

It is pertinent to mention here that as per the directions/guidelines of Central Pollution Control Board (CPCB) regarding disposal of used sanitary pads:

- i. The sanitary pads must be collected & segregated and must be sent to authorized processing facilities or high temperature incinerators.
- ii. In institutional, school, hostel settings National Green Tribunal & CPCB allow for decentralized, small incinerators. These must meet the specific emission standards defined by State Pollution Control Boards.
- iii. In certain rural or remote areas where collection systems are absent, deep burial and composting pits are recommended provide they are located far from ground water sources.

Therefore you are requested to kindly ensure that the orders of Hon'ble Supreme Court in the above matter are complied by all Govt. and Private schools in district Kangra. Action taken in the matter may also be communicated to the undersigned please.



Chief Medical Officer
Kangra & Dharamshala
Dated

Endst. No. as above
Copy to:

1. The Deputy Commissioner Kangra at Dharamshala for information please.
2. All the BMOs in district kangra to ensure the supply to sanitary napkins to all Govt and Private Schools in their jurisdiction by 30th June 2026 positively



Chief Medical Officer
Kangra & Dharamshala

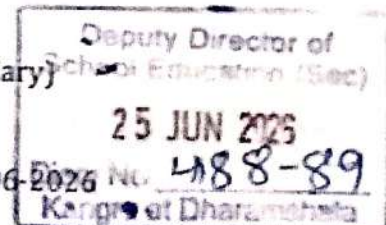
Endst. No. EDN-KGR (Misc) 2025/
Office of the Deputy Director of School Education (Secondary)
Kangra at Dharamshala.

E mail Address ddhekangra3@gmail.com


Dated Dharamshala - 176215

Copy to:-

25-06-2025



01. The Chief Medical Officer Kangra at Dharamshala for information please.
02. All the Principals /Headmasters GSSS/ GHS/Private Schools of District Kangra for strict compliance
03. Guard File.



Dy. Director of School Education (Sec.)
Kangra at Dharamshala

Dr. Jaya Thakur vs Government Of India on 10 April, 2023

Author: Pamidighantam Sri Narasimha

Bench: Pamidighantam Sri Narasimha

WPC 1000/2022

1

ITEM NO.25

COURT NO.1

SECTION PIL-W

S U P R E M E C O U R T O F I N D I A
R E C O R D O F P R O C E E D I N G S

Writ Petition (Civil) No.1000/2022

DR. JAYA THAKUR

Petitioner(s)

VERSUS

GOVERNMENT OF INDIA & ORS.

Respondent(s)

Date : 10-04-2023 This petition was called on for hearing today.

CORAM :

HON'BLE THE CHIEF JUSTICE
HON'BLE MR. JUSTICE PAMIDIGHANTAM SRI NARASIMHA
HON'BLE MR. JUSTICE J.B. PARDIWALA

For Petitioner(s)

Mr. Varun Thakur, Adv.
Mr. Varinder Kumar Sharma, AOR

For Respondent(s)

Ms. Aishwarya Bhati, A.S.G.
Mr. Gurmeet Singh Makker, AOR
Dr. Arun Kumar Yadav, Adv.
Ms. Shradha Deshmukh, Adv.
Ms. Deepabali Dutta, Adv.
Mr. Veer Vikrant Singh, Adv.

Mr. Manish Kumar, AOR

Mr. Abhimanyu Tewari, AOR
Ms. Eliza Barr, Adv.

Ms. Swati Ghildiyal, AOR
Ms. Devyani Bhatt, Adv.

Mr. Lokesh Sinhal, Sr. A.A.G.
Mr. Nikunj, Adv.

Signature Not Verified

Dr. Monika Gusain, AOR

Digitally signed by

CHE TAN KUMAR

Date: 2023.04.11

17:04:02 IST

Reason:

WPC 1000/2022

2

Mr. Nishe Rajen Shonker, AOR

Mrs. Anu K Joy, Adv.

Mr. Abraham C. Mathew, Adv.

Mr. Alim Anvar, Adv.

Mrs. Swarupama Chaturvedi, A.A.G.

Ms. Mrinal Gopal Elker, AOR

Dr. Ravindra Chingle, Adv.

Mr. Siddharth Dharmadhikari, Adv.

Mr. Aaditya Aniruddha Pande, AOR

Mr. Bharat Bagla, Adv.

Mr. Sourav Singh, Adv.

Ms. K. Enatoli Sema, AOR

Ms. Limayinla Jamir, Adv.

Mr. Amit Kumar Singh, Adv.

Ms. Chubalemla Chang, Adv.

Mr. Prang Newmai, Adv.

Mr. S. Udaya Kumar Sagar, AOR

Ms. Madhumita Bhattacharjee, AOR

Ms. Urmila Kar Purkayastha, Adv.

Ms. Arushi Mishra, Adv.

Mr. Sandeep, Adv.

Mr. Siddhesh Kotwal, Adv.

Ms. Ana Upadhyay, Adv.

Mr. Nihar Dharmadhikari, Adv.

Ms. Sampriti B., Adv.

UPON hearing the counsel the Court made the following
O R D E R

1 The petitioner, who is a social worker, has instituted a petition under Article 32 of the Constitution in public interest seeking a direction to the respondents – the Union of India, the States and Union Territories to ensure the provision of (i) free sanitary pads to every female child studying between classes 6 to 12; and (ii) a separate toilet for females in all government aided and residential schools. Apart from this, certain other consequential reliefs have been sought including the maintenance of

2

toilets and the spread of awareness programmes.

2 Though the reliefs which have been sought in the petition under Article 32 are not exhaustive of the subject, the petition raises important issues of public interest bearing on the need for sanitation and menstrual hygiene for females who are studying in schools.

3 Notice was issued on 28 November 2022.

4 A counter affidavit has been filed by the Union Government as well as by some States.

5 We have heard Mr Varun Thakur, counsel for the petitioner and Ms Aishwarya Bhati, Additional Solicitor General for the Union of India.

6 The counter affidavit which has been filed by the Union of India indicates that three Ministries of the Union Government, namely, the Ministries of Health and Family Welfare, Jal Shakti and Education deal with the subject matter, to the extent to which they fall within their own domains. At the same time, it has been submitted that the States have also a vital role to play since education and health are State subjects.

7 At the present stage, we are of the considered view that it would be appropriate if the Union Government engages with all the State governments and Union Territories to ensure that a uniform national policy is formulated with sufficient leeway for the States and Union Territories to make adjustments, based on the prevailing conditions in their territories.

8 Bearing in mind the importance of the issue which has been raised, we direct that all States and Union Territories must submit their menstrual hygiene management strategies and plans which are being executed either with the help of funds provided by the Central Government or through their own funds to the Mission Steering Group of the National Health Mission within a period of four weeks.

9 The Mission Steering Group shall reevaluate the national guidelines based on the experiential learning of the previous decade or so. For this purpose, we nominate the Secretary in the Ministry of Health and Family Welfare as the nodal officer to facilitate coordination with all the other Ministries of the Union and with the State governments and the Union Territories.

10 Apart from the above direction, the States and Union Territories shall also indicate to the Mission Steering Group of the National Health Mission the appropriate ratio of female toilets for residential and non-residential schools for their respective territories. All States and Union Territories shall also indicate the steps which have been taken to provide for the availability of low cost sanitary pads and vending machines in schools and for appropriate disposal mechanisms. Besides making a provision for ensuring the availability of low cost sanitary pads and vending machines in all schools, they shall also ensure that disposal mechanisms are available in schools/school complexes with enrollment of female students in upper primary, secondary and higher secondary classes for safe disposal of sanitary pads.

11 An updated status report shall be placed on the record by the Union Government after three months.

12 List the Petition on 24 July 2023.

(CHETAN KUMAR)
A.R. -cum-P.S.

(SAROJ KUMARI GAUR)
Assistant Registrar

DA-MHP
CH

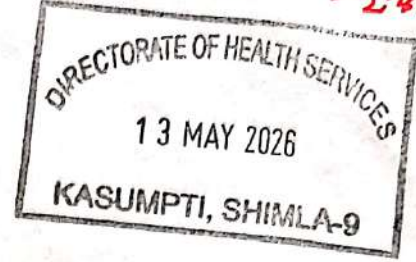
P. Omjit
13/5/2026

1330
2/6/26
To

No. HFW-H(VI)B(15)14/2015 -16/15
Health and Family Welfare Department
Himachal Pradesh

All the Chief Medical Officers
Himachal Pradesh

All the Medical Superintendents
Himachal Pradesh



Dated Shimla-9 the:

Subject: - 1. **Regarding menstrual health management of schools.**
2. **Regarding strengthen surveillance mechanisms through mandatory daily reporting of heatstroke cases and deaths.**

Sir,

Please find enclosed herewith a copy of letter number HFW-A-C017/6/2023-HEALTH-A dated 30-03-2026 alongwith its enclosures from the Secretary (Health) to the Govt. of Himachal Pradesh on the above subject.

In this connection, you are requested to take appropriate necessary action in the matter accordingly under intimation to this directorate. *please*

[Signature]
Director Health Services
Himachal Pradesh

No. HFW-H(VI)B(15)14/2015

Dated Shimla-9 the

Copy to:

- 1 Copy to the Secretary (Health) to the Govt. of Himachal Pradesh letter referred to above for information please.
2. Copy to the Mission Director National Health Mission Himachal Pradesh Shimla-171009 to take further necessary action please.

[Signature]
Director Health Services
Himachal Pradesh

File. No. HFW-A-C017/6/2023-HEALTH - A
Government of Himachal Pradesh
Department of Health & Family Welfare.



From

The Secretary (Health) to the
Government of Himachal Pradesh.

To

1. The Mission Director
National Health Mission
Himachal Pradesh Shimla-09.
2. The Director Health Services,
Himachal Pradesh Shimla-09.

Dated Shimla-02

30th March, 2026.

Subject:- 1. Regarding menstrual health management of schools.
2. Regarding strengthen surveillance mechanisms through mandatory daily reporting of heatstroke cases and deaths.

Sir,

I am directed to enclose herewith copies of D.O. No. Z. 28020/3/2023-Ch dated 03.03.2026 and D.O. No. 90/NCDC/CEOH&CCH/2020-21 dated 09.03.2026, received from Sh. Punya Salila Srivastava, IAS, Secretary to the Government of India, Department of Health and Family Welfare, Ministry of Health and Family Welfare, on the subject cited above and to request you to examine the matter and take further appropriate action in the matter accordingly.

Yours faithfully,

Signed by
Jitender Sanjta

Date: 30-03-2026 13:07:54

(Jitender Sanjta)

Special Secretary (Health) to the
Government of Himachal Pradesh.

Dated
30/3/2026
Add. DHS

Pvt. Secy./PA

A.O.
Dy. Dir. (Legal)
Supdt. Med-I
Supdt. Med-II
Supdt. Med-III
Supdt. Med-IV
Supdt. Med-V
Supdt. Med-VI
IEC Bureau
Supdt. PMIS (IT)

DHS, H.P.

Dr. Sanjta
31/3/26



Enclosure for...



भारत सरकार

स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय

Government of India

Department of Health and Family Welfare
Ministry of Health and Family Welfare

पुण्य सलिला श्रीवारस्तव, भा.प्र.से.
सचिव

PUNYA SALILA SRIVASTAVA, IAS
Secretary



DO.no. 90/NCDC/CEOH&CCH/2020-21
9.3.2026

Jy. No. 56440238
Dated 12/3/26
Himal Pradesh

12/3/26 Dear Colleague,
Secy (HFW)

As you aware, many States/UTs in India face frequent, intense heatwaves, elevated temperatures, and urban heat island effects which may lead to heat stress, heat exhaustion, and heat stroke. Vulnerable groups like the elderly, pregnant women, children, those with underlying health conditions, and outdoor workers are more likely to face health impact of extreme heat. Ministry of Health and Family Welfare issues annual advisories to States, aligned with IMD forecasts, to prepare the health sector for heat-related illnesses. Given IMD's year 2026 seasonal outlook, States/UTs must proactively enhance delivery of early warning to health functionaries, undertake health sector preparedness, strengthen health workforce capacity, take up IEC activities, and maintain a sensitive surveillance system.

I would like to request that all heat-prone States/UTs ensure comprehensive preparedness of ambulance services and the operationalization of dedicated Heat Stroke Management Units at health facilities. This may include maintaining adequate stocks of Oral Rehydration Salts (ORS), essential medicines, intravenous fluids, ice packs, and appropriate cooling equipment to enable timely and effective management of heat-related illnesses. States/UTs may also undertake capacity building of healthcare personnel and community health workers for early identification, prompt management, and proper reporting of heat-related conditions.

In addition, fire safety audits and the adoption of heat-resilience measures, such as cool roofs and provision of adequate shading within healthcare facilities, may be prioritized to safeguard patients and healthcare workers during extreme heat events. Further, States/UTs are requested to strengthen surveillance mechanisms through mandatory daily reporting of heatstroke cases and deaths, including nil reporting, on the Integrated Health Information Platform (IHIP) Portal to ensure real-time monitoring and timely public health response.

#StopObesity

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

Room No. 11102, 'C' Wing, Kartavya Bhawan-1, New Delhi-110001
Tele.: (O) 011-24013601, 24013602, E-mail: secyhfw@nic.in

I am confident, that through proactive planning and coordinated action, States/UTs will effectively mitigate the health impacts of extreme heat throughout the 2026 summer season. Your personal intervention in ensuring the implementation of these directives will be instrumental in safeguarding public health and preventing avoidable heat-related mortality.

I look forward to your continued leadership in strengthening our collective resilience against this public health challenge.

With regards,

Yours sincerely, —

Punya Salila
(Punya Salila Srivastava)

Enclosures:

1. Heat Wave Advisory for State Health Departments for Summer 2026 (A)
2. Public Health Advisory: Extreme Heat/Heatwave (B)
3. Health Impact of Heat: Heat Related Illnesses (C)
4. Outlook for the Seasonal Temperatures during the Hot Weather Season (March to May) and Monthly Rainfall and Temperatures During March, 2026 (D)

To:
Chief Secretary of States and UTs
Advisor to Administrators of UTs



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare

D.O. NoZ-28020/3/2023-CH
3.3.2026

पुण्य सलिला श्रीवास्तव, भा.प्र.से.
सचिव

PUNYA SALILA SRIVASTAVA, IAS
Secretary

16/3/26

Sury (HFW)
Secy (Edw)

Dear Colleague,

O/o Chief Secretary
Dy. No. 56441846
Dated 16/3/26
Haryana Pradesh

I would like to draw your kind attention to Hon'ble Supreme Court judgment dated 30th January 2026 in the matter of W.P. (C) No. 1000 of 2022 – Dr. Jaya Thakur vs Union of India & Ors regarding menstrual health management in schools and our D.O. letter to States/UTs dated 3.2.2026 (copy enclosed).

17/03/26

S.S. (H-A)
For immediate action

The directions of the Apex Court mandate that due compliance be made by the Union of India and all States/Union Territories within a period of three months from the date of pronouncement of the judgment.

17/3

Given the binding directions, it is requested that the compliance report on the matter may be shared latest by 15th March 2026 so that the same can be submitted before the Hon'ble Supreme Court of India within the prescribed timelines.

12/3/26
So/udr

The link to the judgment is given below for kind reference and necessary action.
https://api.sci.gov.in/supremecourt/2022/35023/35023_2022_7_1502_68117_Judgement_30-Jan-2026.pdf

Ms. Meera Srivastava, Joint Secretary in the Department of Health and Family Welfare would coordinate in this regard.

17/3
S. Gauram

With regards,

Encl. as above

Yours sincerely,

Punya Salila
(Punya Salila Srivastava)

Chief Secretary of States and UTs
Advisor to Administrators of UTs

#StopObesity

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

Room No. 11102, 'C' Wing, Kartavya Bhawan-1, New Delhi-110001
Tele.: (O) 011-24013601, 24013602, E-mail: secyhfw@nic.in



मीरा श्रीवास्तव, आई.आर.एस.
संयुक्त सचिव
Meera Srivastava, IRS
Joint Secretary

भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare
D.O. No Z-28020/3/2023-CH
Date: 3rd Feb 2026

Respected Sins & Madams,

The Hon'ble Supreme Court of India, in its judgment dated 30 January 2026 in *W.P. (C) No. 1000 of 2022 - Dr. Jaya Thakur vs Union of India & Ors.*, has categorically recognized the right to dignified menstrual health as an integral facet of Article 21 of the Constitution, and has further held that access to menstrual hygiene management (MHM) measures is essential for ensuring the right to education and equality of opportunity for adolescent girls.

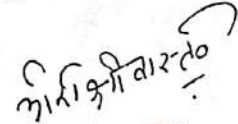
In view of the above, you are requested to undertake time-bound actions to ensure absolute compliance with the directions of the Hon'ble Supreme Court as referred to order dated 30 January 2026 in *W.P. (C) No. 1000 of 2022 - Dr. Jaya Thakur vs Union of India & Ors.*

As directed by the Hon'ble Supreme Court, the Union of India and all States/UTs shall ensure that the aforesaid directions are strictly complied with within a period of three months from the date of pronouncement of the judgment.

1. In view of the mandatory nature of the directions, States/UTs are requested to furnish month-wise Action Taken Reports on compliance to this Ministry.
2. It should be ensured that there are no gaps in effective implementation of the directions mentioned above. The inputs as received shall be consolidated, and a State-wise compliance report shall be duly submitted in accordance with the prescriptive directions in the said order.
3. As the order was issued on this date, the first report shall reach this Ministry by 3rd March, 2026, the second report by 3rd April, 2026, and the third report by 3rd May, 2026.

A copy of the judgment is enclosed herewith for kind reference and necessary action.

With Warm regards,


(Meera Srivastava)

To,
Principal Secretary/Secretary Health-All States/UTs

Copy to,
Mission Directors (NHM)-All States/UTs #StopObesity

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

Room No. 12088, 2nd Floor, C-Wing, Kartavya Bhawan-1, New Delhi-110001, Tel. No +91-11-24013623, 24013624
e-mail: jsrch-mohfw@gov.in