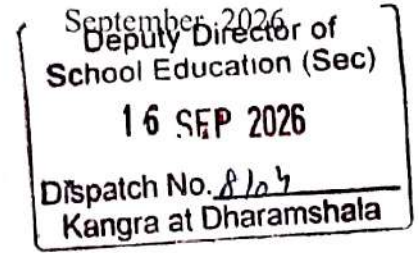


No. EDN- KGR – (Misc) / /2024
O/o Deputy Director of School Education (Secondary)
Kangra at Dharamshala.

Email Id. ddhekangra3@gmail.com

To, Dated:- Dharamshala the, 176215
All the BPO's (Block Project Officer's)
Distt. Kangra, H.P.
Sub:- Regarding National De- worming Day.



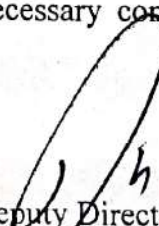
Sir/Madam,

With reference to the meeting held under the chairmanship of the Worthy Additional Deputy Commissioner, Kangra at Dharamshala on 21st August, 2026 on the subject cited above. As per the directions issued therein, all the BPOs are hereby nominated as Nodal Officers for National De-worming Day, which is scheduled to be observed on 18.09.2026.

Nodal Officer of concerned block shall:-

1. Provide target population of the block to BMO.
2. Collect the tablets (albendazole and iron) from BMO and further distribute it to all the schools.
3. Keep record of stock utilization.
4. Final report submission to BMO and this office.
5. Appoint one nodal officer per school who shall maintain all above said records at school level and submit it to their Block Nodal officer.
6. Arrange PTM so as to inform parents about the activity.
7. Ensure 100% attendance on the day of activity by informing all beforehand.
8. Ensure that all school nodal teachers attend the training organized by Health Department (BMO) at respective blocks.
9. Display IEC material on schools and classroom's notice board.
10. Educate and motivate children about benefits of De-worming.
11. Ensure timely and adequate supply of tablets.
12. Ensure to cover left out children on mop-up round on 05.12.2026.

In this context, you are hereby directed to further necessary compliance as per above direction to do needful under intimation to this office.


Deputy Director
School Education (Secondary)
Kangra at Dharamshala

Endst. No. even Dated: Dharamshala

September, 2026

Copy to:-

1. The Additional Deputy Commissioner, Kangra at Dharamshala for information.
2. All the Heads of Government & Private Schools for information and compliance.
3. I.T. incharge (internal) to upload this on website.
4. Guard file.


Deputy Director
School Education (Secondary)
Kangra at Dharamshala

Proceedings of the District level Coordination Committee Meeting for National De-worming Day conducted on 21/08/2026

Misc-63
A meeting of District Level Coordination Committee for National de-worming day (NDD) was held under the chairmanship of Sh. Vinay Kumar (IAS), Additional Deputy Commissioner, Kangra in his chamber on 21/08/2026 at 04:00 PM.

The following members attended the meeting:

1. Dr. R. K. Sood, MOH, O/o the Chief Medical Officer, Kangra at Dharamshala
2. Dr. Dushyant Kumar, District Child Health Officer, O/o the Chief Medical Officer, Kangra at Dharamshala
3. Pt. Sandeep Guleria, AE, JSV, Dharamshala
4. Sh. Ramesh Kumar, Joint Commissioner, Municipal Cooperation, Palampur
5. Sh. Raj Kumar Thapar, APRO, Dharamshala
6. Sh. Sourav Parmar, Accountant, Municipal Committee, Jwalamukhi
7. Sh. Ashok Kumar Sharma, DPO-WCD, Kangra at Dharamshala
8. Sh. Ashwani Kumar, Dy. DEO (Edu), Kangra at Dharamshala
9. Sh. Balwinder Singh, Dy. Dir (Edu.), Kangra at Dharamshala
10. Sh. Navdeep Thakur (Sci. Consultant), DISE (Sec.), Kangra at Dharamshala
11. Sh. Neelam Kumar, Supdt, O/o District Rural Development Office, Kangra at Dharamshala

All the members of the district task force for National De-worming Day were welcomed by Dr. R K Sood, MOH Kangra at Dharamshala.

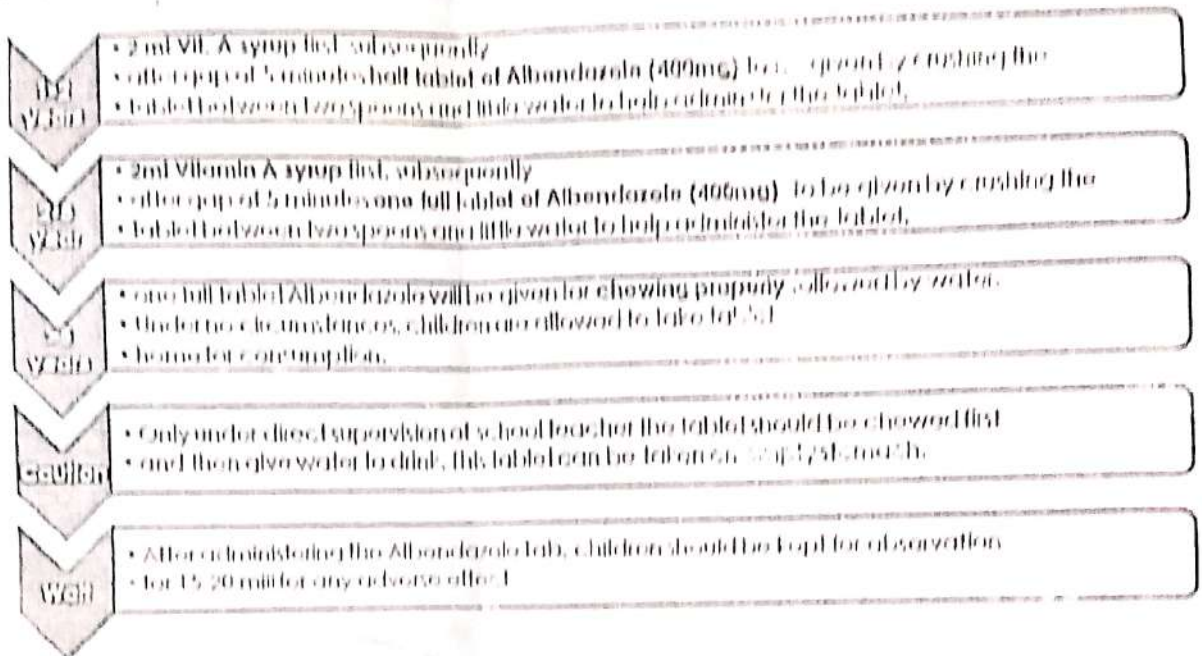
The National De-worming Day (NDD) is planned to be observed on 18/09/2026 and the Map up day on (date will be awaited from State HQ)

- A brief introduction on the National De-worming Day (NDD) was given by Dr. Dushyant Kumar, District Child Health Officer, O/o the Chief Medical Officer, Kangra at Dharamshala. He informed the members that the objective of conducting this one day activity through out the country, is to reduce the prevalence of worm infestation and to reduce prevalence of Vit-A deficiency disorders. Worms are parasites that thrive on nutrition from the human intestine e.g, round worm, hook worm and whip worm. Mild infestation with worms usually does not have any symptom but, severe infestation can cause a range of symptoms including diarrhoea, abdominal pain, weakness, vomiting, and less of appetite. Moreover, it is the one of the biggest reason for anaemia in the developing world
- Burden of Anaemia in India, Himachal Pradesh and Kangra as per the National Family Health Survey-5 (2019-20)

Indicator	India (%)	HP (%)
Children 6 – 59 m	68.3	55.4
Adolescent girls	60.2	53.2
Adolescent boys	33.9	22.1
Non Pregnant Women	58.7	53.4

NDD activities

Discussion about the Activities: Albendazole tablets to be given to all children of 1-19 yrs and Vit-A syrup to all children in age group 1-5 yrs. Dr. Vandana, informed about 1-5 yrs children to be covered in under Aanganwad centres, play schools and health institutions for out of school and out of AWC children. Further 3-19 yrs children to be covered in schools (both Govt. & Pvt.) and health institutions for children not enrolled in any institution.



Children between 1 to 2 year will be given 2 ml Vitamin A syp first, subsequently after gap of 5 Minutes half tablet of albendazole to be given by crushing the tablets between two spoons and little water to help administer the tablet.

It was reiterated that every nodal person is to be focus to crush the Albendazole Tablet to be given to all children less then 5 years and children above 5 years are to be direct to chew the tablet in front of the nodal person to avoid any untoward events.

National Deworming Day 2025-26

Round	Variable	Target	Achievement	% Achievement
1 st (Aug)	Target for albendazole	3,66,266	3,08,630	84%
	Target for Vitamin A	81,823	80,698	99%
2 nd (Oct)	Target for albendazole	3,71,939	3,74,649	101%
	Target for Vitamin A	89,216	88,834	100%

Chair appreciated the departments working on the same and further directed to work consistently for the healthy and worm free future of every child.

Role of Education Department

- Appoint one nodal officer per block who shall:
- Provide target population of the block to BMO.
- Collect the tablets (albendazole and iron) from BMO and further distribute it to all the schools.
- Keep record of stock utilization.
- Final report submission to BMO and Deputy Director Education Dept.
- Appoint one nodal officer per school who shall maintain all above said records at school level and submit it to their Block Nodal officer.
- Arrange PTM so as to inform parents about the activity.
- Ensure 100% attendance on the day of activity by informing all beforehand.
- Ensure that all school nodal teachers attend the training organized by Health Department (BMO) at respective blocks.
- Display IEC material on schools and classroom's notice board.
- Educate and motivate children about benefits of De-worming.
- Ensure timely and adequate supply of tablets.
- Ensure to cover left out children on mop-up round on 05.12.2023

Role of WCD Department

- Appoint one nodal officer per block who shall:
- Collect the tablets (albendazole) from BMO and further distribute it to all AWCs.
- Keep record of stock utilization.
- Final report submission to BMO and DPO WCD Dept

Role of IPH Department:

- Ensure safe drinking water at all the schools and AWCs

Role of DPRO:

- Wide publicity and IEC

Sh. Vinay Kumar, Additional Deputy Commissioner, Kangra said that it is important to celebrate the day and asked for support from all stakeholders' departments. He said that all the departments should make an effort to reach out to all the target beneficiaries up to 19 years and cover HTs, Polytechnic institutions and colleges having children up to 19 years of age. All private schools should give a message to parents through Diary Note /website or parents teacher meetings about the benefits of de-worming on their child. This will help in overall improvement in health, education and quality of life.

The meeting ended with a vote of thanks to the Chairperson.


Addl. Deputy Commissioner
Kangra at Dharamshala

Endst. No. HFW/KGR/NHM/CHILD HEALTH/2015/4473-93

Dated: 16/07/2026

Copy to:-

- The MD, NHM, Dte. of Health Services, Swasthya Sadak, Kasumpti, Shimla, HP - 09 for information please.
- The Deputy Commissioner, Distt. Kangra for information please.

- The Municipal Commissioner - MC: Dharamshala & Palampur, Distt Kangra for information please.
- The Deputy Director School Education (Sec-1), Kangra at Dharamshala, Distt. Kangra for information and further necessary action please.
- The Deputy Director School Education (Sec-2), Kangra at Dharamshala, Distt. Kangra for information please.
- The DPO (ICDS), Kangra at Dharamshala, Distt. Kangra for information please.
- The District Panchayat Officer, Kangra at Dharamshala, Distt. Kangra for information please.
- The Executive Officer, Municipal Committee-Nagpur, Kangra, Nagpur (B), Distt Kangra Distt. Kangra for information please.
- The Executive Officer, Nagar Parishad - Dehra, Jwalandpur, Jwalandpur & Baijnath-Paprola, Distt Kangra Distt. Kangra for information please.
- The Project Officer, District Rural Development Agency, Kangra at Dharamshala, Distt Kangra Distt. Kangra for information please.
- The District Public Relation Officer, Kangra at Dharamshala, Distt. Kangra Distt Kangra for information please.

15/11/20
Addl Deputy Commissioner
Kangra at Dharamshala